Upper Register Etude #1
Upper Register Etude #2
Upper Register Etude #3
Upper Register Etude #5
Upper Register Etude #6
Upper Register Etude #7
Upper Register Etude #10
Upper Register Etude #12
Upper Register Study

Schumann "Rhenish" Symphony

Fourth Movement Theme
Upper Register Power Etude

Start on low C, play (all slurred half-notes) C, E, G, C, C#, D, with a fermata on the D.

Tempo should be 80 beats per minute.

Play piano (p) till you reach the last note, then crescendo to FFF till you run out of air.

Rest the same amount of time it took you to play
THIS IS VERY IMPORTANT!

Do the same thing one half step higher. Rest again, then go up another half step. Keep going until you reach the point where you're no longer getting a clear, full sound, then STOP.

Some days you'll play higher than others, but your range should gradually improve over time.